

THIS IS YOUR YEAR



TO SIMPLIFY YOUR LIFE

“What if having less gives you the chance to be more?”- Anonymous

TO HAVE A POSITIVE OUTLOOK

“What we see depends mainly on what we look for” –John Lubbock

TO TAKE A BREAK FROM TECHNOLOGY

“Technology is a useful servant, but a dangerous master.”- Christian Lous Lane

TO BE MORE HONEST

“Tell a lie once, all of your truths become questionable.”-Wendy Leone Cretten

TO SPEND MORE TIME WITH YOUR FAMILY

“Family is not an important thing, it is everything!” - Michael J. Fox



TO COMPLETE SOMETHING

“The only thing stopping you is yourself.” – Createyou86

TO START SOMETHING NEW

“And suddenly you know...It’s time to start something new, and trust the magic of beginnings.” – movenourishbelieve.com

TO DONATE YOUR TIME

“The happiest people I know are those that lose themselves in the service of others.” – Gordon B. Hinckley

TO CREATE . YOU . FREELY

“As long as you are yourself, nobody can accuse you of being something you are not.” – Createyou86

